

Sheilagh Heather McNab

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MUSIC EDUCATION

1992-2002	Private study in piano, violin, guitar (Diana Torbert, Yvonne DeRoller)
2002	Royal Conservatory of Music Grade 9 Piano
2002	Royal Conservatory of Music Grade 7 Violin
2002	Royal Conservatory of Music Grade 2 Music Theory
2005	Guitar History and Techniques, Listening Beyond the Classics, Teaching Music for Young Children (Dalhousie University)

DISCOGRAPHY

2022	Courage Again LP (Independent)
2017	Courage 4 song EP (Independent)

PERFORMANCE HIGHLIGHTS

2022	'Courage Again' Album Launch Shows (Toronto, Guelph, Uxbridge ON)
2019	Cantala and Friends Benefit Concert (Toronto ON)
2019	'In the Round' Songwriters Showcase (Toronto, ON)
2018	Open Tuning Music Festival (Toronto ON)
2018	'Courage' Album Launch Show (Toronto ON)
2018	Artist Partner at Syzygy: A Union of Opposites (Toronto ON)
2017	Artist on Board, VIA Rail Onboard Musician Program (Montreal ON to Halifax NS)
2008-2016	Backing vocalist for Jon Bryant (Halifax NS, Vancouver BC, Toronto ON)

MUSIC TEACHING EXPERIENCE

2015-present	Music Supply Teacher K-12, TDSB and University of Toronto Schools Fills in regularly for absent music teachers. Fosters musical appreciation and teaches theory and technique. Conducts band and orchestra, and teaches songwriting classes.
2003-2020	Piano Teacher self-employed Teaches music theory and composition, performance technique, and improvisation skills to beginner and intermediate students.